

BYRON

ALLERGY AND CALORIE

GUIDE:

February 2024

BYRON

HOW TO USE THE ALLERGY GUIDE:

- 1 Find the menu item you would like to order
- 1 *Trova il prodotto che vorresti ordinare*
- 1 Encuentra lo que usted quiere pedir del menú
- 1 *Wybierz pozycje z menu ktora chcialbys zamowic.*

- 2 Find the allergen/s you suffer with
- 2 *Trova l'allergene/i di cui soffri*
- 2 Encuentra la alergia/s de la que sufres.
- 2 *Znajdz alergeny na ktore jestes uczulony.*

- 3 Follow the line of the menu item across to the allergen
- 3 *Segui la linea del prodotto scelto in croce con il tuo allergene*
- 3 Siga la línea del producto que usted a elegido hasta la alergia que usted padezca.
- 3 *Postępuj zgodnie z wierszem pozycji menu w kierunku alergenu*

	SUITABLE FOR		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
BEEF																	
BYRON			Yes				Yes, Wheat	Yes			M	Yes	Yes	Yes		Yes	
CLASSIC							Yes, Wheat	Yes			M	Yes	Yes				
BBQ			Yes				Yes, Wheat and Barley	M			Yes	Yes	Yes	Yes			
CHILLI			Yes				Yes, Wheat	Yes			M	Yes					
LE BLEU			Yes				Yes, Wheat	Yes			M	Yes	Yes	Yes		Yes	
BULLEIT BOURBONSMOKEY			Yes				Yes, Wheat and Barley	Yes			Yes	Yes	Yes	Yes		Yes	
THE AULD SMOKEY (SCOTLAND ONLY)			Yes				Yes, Wheat	M			Yes	Yes	Yes	Yes			
SKINNY																	
SKINNY BYRON			Yes					Yes				Yes	Yes	Yes		Yes	
SKINNY CLASSIC								Yes				Yes	Yes			Yes	
SKINNY BBQ			Yes				Yes, Wheat and Barley				Yes	Yes	Yes	Yes		Yes	
SKINNY CHILLI			Yes					Yes				Yes	Yes			Yes	
SKINNY LE BLEU			Yes					Yes				Yes	Yes	Yes		Yes	
SKINNY BULLEIT BOURBONSMOKEY			Yes				Yes, Wheat and Barley	Yes			Yes	Yes	Yes	Yes		Yes	
SKINNY THE AULD SMOKEY (SCOTLAND ONLY)			Yes				Yes, Wheat				Yes	Yes	Yes	Yes		Yes	

- 4 If the box says 'yes' the menu item contains that allergen and will not be safe for you
- 4 *Se il quadrato dice 'si', il prodotto contiene quell'allergene e quindi e' da evitare*
- 4 Si en el cuadro pone 'yes' 'si' quiere decir que el alimento que usted a elegido contiene esa alergia y no sería seguro para consumirlo
- 4 *Jezeli w rubryce napisane jest 'yes' to znaczy, ze danie zawiera dany alergen i nie powinienes go spozywac.*

- 5 If there is a 'M' in the box, the menu item may contain traces of that allergen, and may not be safe for you to eat
- 5 *Se nel quadrato c'e' una stella, il prodotto potrebbe contenere delle tracce di quell'allergene e quindi potrebbe non essere sicuro da mangiare*
- 5 Si hay un asterisco dentro del recuadro, quiere decir que el alimento puede contener trazas de dicha alergia y puede no ser seguro para usted consumirlo.
- 5 *Jezeli w rubryce jest gwiazdka to znaczy, ze danie zawiera sladowe ilosci danego alergenu wiec nie jest zalecane jego spozycie.*

- 6 If the box is empty, the menu item is safe for you to eat. If you have any questions, ask a member of staff
- 6 *Se il quadrato e' vuoto, il prodotto e' sicuro da mangiare. Per qualsiasi domanda, chiedi ad un membro dello staff*
- 6 Si el recuadro está vacío, quiere decir que usted puede consumir dicho alimento con total seguridad ya que no contiene la alergia. Si tiene alguna duda, por favor pregunta a algún miembro del equipo.
- 6 *Jezeli rubryka jest pusta to znaczy, ze nie ma zadnych przeciwwskazan odnosnie spozycia.*

ALLERGY GUIDE

Our guide details the allergenic ingredients that can be found in our food. In addition to this we also detail dishes that are suitable for vegetarians and vegans and products that, whilst are free from a particular allergen, could be subject to cross-contamination during cooking.

We also have an avoiding gluten section to help you make the right choice for you.

Product marked with “**M**” - these products do not contain the listed allergen, but the ingredient was manufactured in an environment where this allergen is present. OR there is a risk of cross contamination from our kitchen processes. Therefore, cross-contamination, whilst unlikely, is possible.

NGCI is a Non Gluten-Containing Ingredient. We are providing information to consumers on the absence or reduced presence of Gluten in food.

If you have any questions, you must speak to a member of the management team.

Burger buns may contain linseeds

We list the following allergens in this guide.

- **CELERY**
- **CEREALS CONTAINING GLUTEN** (BARLEY, OATS, RYE, WHEAT)
- **CRUSTACEAN**
- **EGG**
- **FISH**
- **LUPIN**
- **MILK**
- **MOLLUSC**
- **MUSTARD**
- **NUT** (ALMOND, BRAZIL, CASHEW, CHESTNUT, HAZEL NUT, MACADAMIA, PECAN, PISTACHIO, QUEENSLAND, WALNUT)
- **PEANUT**
- **SESAME SEED**
- **SOYA**
- **SULPHUR DIOXIDE / SULPHITES**

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DRINKS - SHAKES

SHAKES	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Chocolate Shake				Y	M	M	M					M	M	M	M	M	M	M		Y	911
Mint Chip Shake				Y	M	Y	M					M	M	M	M	M	M	M		Y	801
Oreo Shake				Y	M	Y	M						M	Y	M	M	M	Y		Y	1121
Salted caramel Shake				Y	M	M						M	M	M	M	M	M	M		Y	1001
Vanilla Shake				Y	M	M	M					M	M	M	M	M	M	M		Y	798
Vegan Salted Caramel Shake						Y							M						Y	Y	723
Peanot Butter Shake				Y		Y														Y	927

BOTTLED DRINKS (BEERS, WINE AND SOFT DRINKS)

FOR ALLERGEN INFORMATION PLEASE ASK A MEMBER OF OUR TEAM TO SHOW YOU THE BOTTLE LABEL

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STARTERS / SIDES

SIDES	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Battered Onion Rings - Classic				M	M	M			M	Y				Y				Y		Y	742
Halloumi Fries - Classic - Sharer				Y						Y				Y				Y		Y	493
Halloumi Fries - Classic - Single				Y						Y				Y				Y		Y	372
Mac & Cheese				Y					Y					Y				Y		Y	978
Chicken Strips x3/5				Y				M	M	Y		Y		Y				Y			654/876
Vegan Chicken Strips x 3/5						Y				Y				Y		Y		Y	Y	Y	567/766
Chicken Wings - BBQ x 4/6				Y	Y	Y			M	Y		M		Y				Y			499/563
Chicken Wings- Buffalo x4/6				Y	Y	M			M	Y				Y				Y			478/549
Vegan Chicken Wings- BBQ x4/6						Y						M		Y		Y		Y	Y	Y	399/478
Vegan Chicken Wings- Buffalo x4/6						Y								Y		Y		Y	Y	Y	387/456
Fries -Classic				M		M			M	M		M		M	M	M	M	M	Y	Y	211
Fries - Cheese				Y		M			Y											Y	351
Fries-Bacon and Cheese				Y		M			Y												478
Haggis Fries				Y		M		Y	M	M		M		Y	M	M	M	M			411
Tater Tots																			Y	Y	299
Garlic tots				Y					Y											Y	379
Sweet Potato Fries																			Y	Y	199
House Salad									Y										Y	Y	69
Slaw	M			M	M	M			Y	M		M		M	M	M	M	M	Y	Y	198

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BURGERS

BURGERS	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories	
CHICKEN																						
Classic Chicken				Y	Y				M	Y				Y	Y		M	Y				711
C-Rex				Y	Y	Y			M	Y		M		Y	Y		M	Y				999
Clucky				Y	M	Y			Y	Y				Y	Y		M	Y				712
BEEF																						
B-Rex				Y	Y	Y			M	Y		Y		Y	Y		M	Y				901
Byron				Y	Y				M	Y		Y		Y	Y		M	Y				867
Classic Burger					Y				M	Y		Y		Y	Y		M	Y				712
Classic Cheeseburger				Y	Y				M	Y		Y		Y	Y		M	Y				813
Double Bacon Cheese				Y					Y	Y		Y		Y	Y		M	Y				1415
The Smokey				Y		Y			Y	Y		Y		Y	Y		M	Y				798
Chilli				Y					Y	Y		Y		Y	Y		M	Y				789
Monster Hash	M			Y	M	M		M	M	M		Y		Y	Y	M	M	Y				912
Auld Smokey				Y	M	Y			Y	Y		Y		Y								823
VEGETARIAN																						
Halloumi Seoul				Y	Y			M	Y	Y				Y	Y	M	M	Y		Y		678

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MEATLESS BURGERS

VEGAN BURGERS	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Ve Classic Chicken						Y			Y	Y				Y	Y	Y	M	Y	Y	Y	678
Ve Clucky						Y			Y	Y				Y	Y	Y	M	Y	Y	Y	689
VE C-Rex		M	M	M	M	Y			Y	Y		M		Y	Y	Y	M	Y	Y	Y	813
Ve B-Rex		M	M	M	M	Y			Y			M		Y	Y		M	Y	Y	Y	844
Ve Byron		M	M	M	M	Y			Y	Y				Y	Y		M	Y	Y	Y	624
Ve Classic Burger									Y	Y				Y	Y		M	Y	Y	Y	542
Ve Classic Cheeseburger									Y	Y				Y	Y		M	Y	Y	Y	599
Ve Double Bacon Cheese		M	M	M	M	Y			Y	Y				Y	Y		M	Y	Y	Y	978
Ve The Smokey		M	M	M	M	Y			Y	Y				Y	Y		M	Y	Y	Y	699
Ve Chilli																					799
Ve Monster Hash	M				M	M		M	M	M				Y	Y	M	M	Y			

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SAUCES/DIPS

DIPS AND SAUCES	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
BBQ Sauce						Y						M							Y	Y	38
Byron Sauce					Y				M	Y										Y	139
Heinz Tomato Ketchup										Y									Y	Y	19
Lime Mayo					Y				Y											Y	76
Heinz Pro Mayonnaise					Y				M											Y	121
American Mustard									Y										Y	Y	11
Vegan Sriracha Mayo						Y			Y										Y	Y	51
Heinz Vegan Mayonnaise									Y										Y	Y	58
Blue Cheese Sauce				Y	Y				Y											Y	141
Buffalo Glaze																			Y	Y	10
Smoked Chilli BBQ Mayo						Y			Y	Y		M							Y	Y	71
Chipotle Mayo									Y	Y									Y	Y	91
Sweet Gochujang Sauce								M						Y	M	M	M	Y	Y	Y	87
Cheese Sauce				Y					Y												131
Byron Slaw Dressing	M			M	M	M			Y	M		M		M	M	M	M	M	Y	Y	34

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BYRON KIDS

KIDS	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Kids Skin on Fries				M		M			M					M	M	M	M	M	Y	Y	121
Kids Fresh Green Salad																			Y	Y	7
Kids Sweet Potato Fries																			Y	Y	99
Mini Cheese				Y						Y				Y	Y		M	Y			464
Mini Chicken										Y				Y	Y		M	Y			364
Mini Classic										Y				Y	Y		M	Y			478
Mini Vegan										Y				Y	Y		M	Y	Y	Y	411
Mini Mac and Cheese				Y					Y					Y				Y		Y	464
Mini Chocolate Shake				Y	M	M	M					M	M	M	M	M	M	M		Y	399
Mini Mint Chip Shake				Y	M	Y	M					M	M	M	M	M	M	M		Y	378
Mini Oreo Shake				Y	M	Y	M						M	Y	M	M	M	Y		Y	401
Mini Vanilla Shake				Y	M	M	M					M	M	M	M	M	M	M		Y	376
Kids Brownie				Y	Y	M	M	M					M	M	M	M	M	M		Y	425
Kids Ice Cream with Chocolate Sauce				Y	M	Y	M						M	M	M	M	M	M		Y	311
Kids Ice Cream with Caramel Sauce				Y	M	M	M						M	M	M	M	M	M		Y	299

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DESSERTS

Desserts	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Salted Caramel Brownie				Y	Y	M	M	M				M	M	M	M	M	M	M		Y	711
Morello Cherry Cheesecake				Y	Y	Y	M						M	Y		Y		Y		Y	412
Oreo Cheesecake				Y	Y	Y	M						M	Y		Y		Y		Y	678
Chocolate Butterscotch Sundae - Sharer				Y	M	Y	M					M	M	M	M	M	M	M		Y	780
Chocolate Butterscotch Sundae - Single				Y	M	Y	M					M	M	M	M	M	M	M		Y	390
Mint Chip Sundae - Sharer				Y	M	Y	M					M	M	Y	M	M	M	Y		Y	777
Mint Chip Sundae - Single				Y	M	Y	M					M	M	Y	M	M	M	Y		Y	362
Morello Cherry Sundae - Sharer				Y	Y	M	M					M	M	M	M	M	M	M		Y	666
Morello Cherry Sundae - Single				Y	Y	M	M					M	M	M	M	M	M	M		Y	333

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AVOIDING GLUTEN - BURGERS

The below dishes contain Non-Gluten Containing Ingredients** OR can be enjoyed with a minor change to our recipes – PLEASE LET YOUR SERVER KNOW
Calories per serving are not required for customized food.

AVOIDING GLUTEN BURGERS	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian
Byron(Request GF Bun)				Y	Y				M	Y		Y								
Byron - No Bun				Y	Y				Y	Y		Y								
Classic(Request GF Bun)					Y				M	Y		Y								
Classic -No Bun					Y				Y	Y		Y								
Classic Cheeseburger (Request GF Bun)				Y	Y				M	Y		Y								
Classic Cheeseburger - No Bun				Y	Y				Y	Y		Y								
Chilli (Request GF Bun)				Y					Y	Y		Y								
Chilli – No Bun				Y					Y	Y		Y								
Double Bacon Cheese (Request GF Bun)				Y					Y	Y		Y								
Double Bacon Cheese – No Bun				Y					Y	Y		Y								
Ve Classic(Request GF Bun)									Y	Y									Y	Y
Ve Classic No Bun									Y	Y									Y	Y
Ve Cheeseburger (Request GF Bun)									Y	Y									Y	Y
Ve Cheeseburger No Bun									Y	Y									Y	Y
Ve Chilli (Request GF Bun)									Y	Y									Y	Y
Ve Chilli – No Bun									Y	Y									Y	Y

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AVOIDING GLUTEN – SIDES/DIPS/DESSERTS/SHAKES

AVOIDING GLUTEN SHAKES AND SIDES	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian
Vegan Salted Caramel Shake						Y							M						Y	Y
Fries(No Seasoning)																			Y	Y
Fries- Cheese				Y		M			Y											Y
Fries-Bacon&Cheese				Y		M			Y											
Sweet Potato Fries																			Y	Y
Tater Tots																			Y	Y
House Salad									Y										Y	Y
Byron Slaw	M			M	M	M			Y	M				M	M	M	M	M	Y	Y
Kids Fries																			Y	Y
Kids House Salad																			Y	Y
Kids Sweet Potato Fries																			Y	Y
BBQ Sauce						Y							M						Y	Y
Byron Sauce					Y				M	Y										Y
Tomato Ketchup										Y									Y	Y
Lime Mayo					Y				Y											Y
Mayo Heinz					Y				M											Y
Vegan Sriracha Mayo						Y			Y										Y	Y
Vegan Mayonnaise									Y										Y	Y
Blue Cheese Dressing				Y	Y				Y											Y
Buffalo Glaze																			Y	Y
Smoked Chilli BBQ Mayo					Y	Y			M	Y			M							Y
Chipotle Mayo					Y				M	Y										Y

BYRON

BURGER INGREDIENTS

TOPPINGS	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Asian Slaw					Y				Y											Y	211
Blanched onions																			Y	Y	46
Beef Tomato																			Y	Y	5
Beyond Burger																			Y	Y	290
Burger Cheese Slices				Y																Y	75
Byron Burger Bun														Y	Y		M	Y	Y	Y	112
Byron 4oz Beef Burger												Y									311
Byron 6oz Beef Burger												Y									470
Dried Crispy Onion				M										Y				Y	Y	Y	77
Fried Chicken				Y				M	M	Y				Y				Y			377
Grilled Chicken								M	M	Y											211
Fried Halloumi Patty				Y						Y				Y				Y		Y	315
Iceberg Lettuce																			Y	Y	7
Mature Cheddar Slice				Y																Y	109
Onion Rings						M				Y				Y				Y		Y	150
Pickled Red Onions																			Y	Y	6
Red Onions																			Y	Y	8
Sauteed Green Chilli																			Y	Y	
Sliced Pickles																			Y	Y	5
Sliced Jalapenos																			Y	Y	7
Smashed Avocado																			Y	Y	61
Smoked Streaky Bacon																					197
La Vie Vegan Bacon		M	M	M	M	Y								M	M	M	M	M	Y	Y	89
Vegan American Cheese																			Y	Y	82
Vegan Cheddar Cheese																			Y	Y	99
Vegan Fried Chicken						Y				Y				Y		Y		Y	Y	Y	299

BYRON

LUNCH MENU

Lunch Menu	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian
L Classic Burger – with Fries									Y	Y		Y		Y	M		M	Y		
L Classic Burger – with House Salad									Y	Y		Y		Y	M		M	Y		
L Classic Burger – with Coleslaw	M			M	M	M			Y	Y	M	Y		Y	M	M	M	Y		
L Cheeseburger – with Fries				Y	M	M			Y	Y		Y		Y	M	M	M	Y		
L Cheeseburger – with House Salad				Y	M	M			Y	Y		Y		Y	M	M	M	Y		
L Cheeseburger – with Coleslaw	M			Y	M	M			Y	Y	M	Y		Y	M	M	M	Y		
L Chicken Burger – with Fries (Fried)				Y	Y	Y		M	M	M		M		Y	Y	M	M	Y		
L Chicken Burger – with House Salad (Fried)				Y	Y	Y		M	Y					Y	Y	M	M	Y		
L Chicken Burger – with Coleslaw (Fried)	M			Y	Y	Y		M	Y		M	M		Y	Y	M	M	Y		
L Chicken Burger – with Fries (Grilled)				Y	Y	M		M	M	Y		Y		Y	M	M	M	Y		
L Chicken Burger – with House Salad (Grilled)				Y	Y			M	Y	Y		Y		Y	M	M	M	Y		
L Chicken Burger – with Coleslaw (Grilled)	M			Y	Y	M		M	Y	Y	M	Y		Y	M	M	M	Y		
L VG Classic Burger – with Fries				M	M	M			Y	Y		M		Y	M	M	M	Y	Y	Y
L VG Classic Burger – with House Salad				M	M	M			Y	Y				Y	M	M	M	Y	Y	Y
L VG Classic Burger – with Coleslaw	M			M	M	M			Y	Y	M	M		Y	M	M	M		Y	Y
L VG Chicken Burger – with Fries				M	M	Y			M	Y		M		Y	Y	Y	M	Y	Y	Y
L VG Chicken Burger – with House Salad				M	M	Y			Y	Y				Y	Y	Y	M	Y	Y	Y
L VG Chicken Burger – with Coleslaw	M			M	M	Y			Y	Y	M	M		Y	Y	Y	M	Y	Y	Y

TABLE SAUCES

Desserts	Fish	Crustaceans	Molluscs	Milk	Egg	Soya	Peanuts	Sesame	Mustard	Celery	Lupin	Sulphur Dioxide	Tree Nuts	Gluten Containing ingredients	Barley	Oat	Rye	Wheat	Suitable for Vegans	Suitable for Vegetarian	Calories
Heinz Ketchup										Y									Y	Y	102
Heinz Mayo					Y				Y										N	Y	178
Heinz Mustard									Y					Y	Y				N	Y	12
Heinz Malt Vinegar														Y	Y					Y	78
Byron Hot Sauce																			Y	Y	91